

## SOCIOLOGY

**Placement: Second Year**

**Theory – 60 Hours**

**Course Description** - This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

**Course objectives** – At the end of the course, the student will be able to:

1. Describe the structure and the dynamics of the society
2. Discuss the relationship of the individual to the society.
3. Understand the social problems and its influence on social changes and the factors contributing to it.
4. Describe sociological concepts applicable to nursing.
5. Determine role of sociology in nursing as related to social institution in India
6. Develop positive attitudes towards individual, family and community.

Unit	Time (Hrs)	Learning Objective	Contents	Teaching Learning Activities	Assessment Methods
I	01	State the importance of sociology in Nursing	<b>Introduction</b> <ul style="list-style-type: none"> <li>• Definition of Sociology</li> <li>• Nature and Scope of the discipline</li> <li>• Importance and application of Sociology in Nursing</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> </ul>
II	03	Describe the interrelationship of individual in society and community	<b>Individual &amp; Society</b> <ul style="list-style-type: none"> <li>• Society and Community</li> <li>• Nature of Society</li> <li>• Difference between society and community</li> <li>• Process of socialization and individualization</li> <li>• Personal disorganization</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> </ul>
III	03	Describe the influence of culture and on health and disease	<b>Culture</b> <ul style="list-style-type: none"> <li>• Nature of culture</li> <li>• Evolution of culture</li> <li>• Diversity and uniformity of culture</li> <li>• Culture and socialization</li> <li>• Trans cultural society</li> <li>• Influence on health and disease</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Panel Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> </ul>

IV	04	Identify various social groups and their interactions	<b>Social groups and Processes</b> <ul style="list-style-type: none"> <li>• The meaning and classification of groups</li> <li>• Primary &amp; Secondary Group</li> <li>• In-group V/s. Out-group,</li> <li>• Class, Tribe, caste</li> <li>• Economic, Political,</li> <li>• Religious groups, Mob, Crowd, Public and Audience Interaction &amp; social processes</li> <li>• Co - operation, competition, conflict</li> <li>• Accommodation,</li> <li>• Assimilation &amp; Isolation</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> </ul>
V	06	Explain the growth of population in India and its impact on health	<b>Population</b> <ul style="list-style-type: none"> <li>• Society and population</li> <li>• Population distribution in India Demographic characteristics</li> <li>• Malthusian theory of populations</li> <li>• Population explosion in India and its impact on health status</li> <li>• Family welfare programmes</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Community identification</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> <li>• Assessment of report on community identification</li> </ul>
VI	05	Describe the institutions of family and marriage in India	<b>Family and Marriage</b> <ul style="list-style-type: none"> <li>• Family</li> <li>-Function</li> <li>-Types</li> <li>Joint, Nuclear, Blended and extended Family: <ul style="list-style-type: none"> <li>• Characteristics</li> <li>• The modern family- changes, problems- dowry etc. Welfare services</li> </ul> </li> <li>Changes &amp; legislations on family and marriage in India - marriage acts</li> <li>• Marriage: <ul style="list-style-type: none"> <li>Forms and functions of marriage, Marriage and family problems in India</li> <li>Family, marriage and their influence on health and health practices</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Family case study</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> <li>• Assessment of family case study</li> </ul>

VII	07	Describe the class and caste system and their influence on health and health practices	<b>Social Stratification</b> <ul style="list-style-type: none"> <li>• Meaning &amp; types of social stratification</li> <li>• The Indian Caste system- origin &amp; features</li> <li>• Features of Caste in India Today</li> <li>• Social class system and status</li> <li>• Social mobility-meaning &amp; types</li> <li>• Race as a biological concept, criteria of racial classification</li> <li>• Salient features of Primary races Racism</li> <li>• Influence of Class, caste and Race on health and health practices</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Community survey</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> <li>• Assessment of report on community survey</li> </ul>
VIII	06	Describes the types of communities in India, their practices and the impact on health	<b>Types of communities in India (Rural, Urban and Regional)</b> <ul style="list-style-type: none"> <li>• Features of village community &amp; Characteristics of Indian villages Panchayat system, social dynamics</li> <li>• Community development project and planning</li> <li>• Changes in Indian Rural life</li> <li>• Availability of health facilities in rural and its impact on health and health practices</li> <li>• The growth of cities: Urbanisation and its impact on health and health practices</li> <li>• Major Urban problems Urban Slum</li> <li>• Region; problems and impact on Health</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Visits to rural and urban community survey</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment of report on community survey</li> </ul>

IX	04	Explain the process of Social Change	<b>Social Change</b> <ul style="list-style-type: none"> <li>• Nature and process of Social Change</li> <li>• Factors influencing Social change: cultural change, Cultural lag, culture and health (with special reference to women's health)</li> <li>• Introduction to Theories of social change:</li> <li>• Linear, Cyclical, Marxian, Functional</li> <li>• Role of nurse -Change agents</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> </ul>
X	04	Describe the Social system and interrelationship of Social organizations	<b>Social organization and social system</b> <ul style="list-style-type: none"> <li>• Social organization: elements, types</li> <li>• Democratic and authoritarian modes of participation,</li> <li>• Voluntary associations</li> <li>• Social system: Definition and Type of social system</li> <li>• Role and Status as structural elements of social system.</li> <li>• Inter-relationship of institutions.</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Observation visits</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> <li>• Assessment of visit reports</li> </ul>
XI	02	Explain the nature and process of social control	<b>Social Control</b> <ul style="list-style-type: none"> <li>• Nature and process of social control</li> <li>• Political, Legal, Religious, Educational, Economic, Industrial and Technological system; Norms &amp; Values- Folkways&amp; Mores Customs, Laws and fashion</li> <li>• Role of nurse</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Community survey</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> <li>• Assessment of report on community survey</li> </ul>

<b>XII</b>	<b>15</b>	Describe the role of the nurse in dealing with social problems in India	<b>Social Problems</b> <ul style="list-style-type: none"> <li>• Social disorganization</li> <li>• Control &amp; planning: poverty, housing, and illiteracy. Food supplies, prostitution, rights of women &amp; children, vulnerable groups: elderly, handicapped minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/AIDS.</li> <li>• Social Welfare programmes in India</li> <li>• Role of nurse</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> <li>• Institutional visits</li> </ul>	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answers</li> <li>• Assessment of visit reports</li> </ul>
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### **BIBLIOGRAPHY:**

1. Sachadeva Y.V., An introduction to sociology, Kithab Mahal : Allahabad
2. R.K.Manekar, Sociology for Nurses, Sivosankar T.P., Vora Medical Publications
3. K.P.Pothen, S.Pothen, Sociology for Nurses, 3rd Edition, N.R.Brothers, Indore. C.N. Shankar Rao Principals of sociology with introduction to social thoughts, S Chand E Company Publishers
4. Ashok N.Patel, S.S.Hooda, Sociology
5. Dr.N.H.Groenman, Dr.O D'aslevin, M A Bockenham, Social and Behvioural sciences for Nurses, 1st edition, Campanion Press Ltd.
6. Dr.Ajithkumar Sinha, Principles of Sociology, Lakshmi Narain Agarwal Educational Publishers
7. T.B.Bottomore, Sociology A guide to problem and literature, 2nd edition, Blockie & Sons Publishers Pvt. Ltd.

### **Evaluation Scheme**

#### **Internal Assessment: (Theory Exam)**

Mid-term Examination	50 Marks
Pre-final Examination	75 Marks
<b>Total</b>	<b>125 Marks</b>

#### **Maximum 25 Marks**

(125 Marks to be converted in to 25 Marks for Internal Assessment (Theory))

#### **External Assessment (Theory)**

**University Examination**

**75 Marks**